

## Lesson Plan

**Grade Level:** K-5 Grade

**Subject Area:** Social Emotional Learning (SEL) & Cross-Cultural Understanding

**Hours of Instruction:** 1 class hour

[Lesson Slide for Visual Support](#)

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## Learning Objectives

By the end of this lesson, students will:

- Develop empathy and understanding for English learners and students from different cultural backgrounds.
- Identify and express supportive behaviors that contribute to a positive classroom environment.
- Practice standing up for classmates in appropriate and respectful ways.
- Gain awareness and appreciation of Korean culture, especially traditional foods like kimchi, and how cultural differences enrich the classroom.

## Lesson Procedures

### Introduction (15 minutes)

1. Begin with a short discussion on the word "empathy" and what it means to show kindness and understanding to others, especially when they come from different backgrounds.
2. Read aloud the story "[Kimchi](#)" from *Kyongha Seager's book*, focusing on the experiences of a Korean student facing bullying due to the smell of his favorite food, kimchi Fried Rice, his culture, and limited English.

### Group Discussion (10 minutes)

After reading, have students share their thoughts and emotions about the story. Encourage them to discuss what it might feel like to be new in a country and to not be different.

Ask guiding questions such as:

- "Why do you think Chiwon stopped eating his favorite Kimchi Fried Rice when Angela and Joey said it stinks?" P. 9(At the lunch cafeteria)
- "Why did McKenzie say to Joey and Angela for Chiwon?" P. 12,13
- Have you had an experience that hurt your feelings because of cultural differences, such as food, clothes, etc.?

- Have you ever had an experience you had a hard time since you had a language barrier?

### **Activity: Role-Playing Scenario (15 minutes)**

- Assign students different roles: Chiwon, Angela, Joey, and Mckenzie
- Or Assign students different roles: new student, bystander, and classmate who stands up for the new student.
- Role-play how to respectfully stand up for a friend, allowing students to practice speaking up and expressing empathy.

### **Closing (5 minutes)**

- Review how empathy and standing up for others can make everyone feel included and respected.
- If you were one of the characters Chiwon, Angela, Joey, and McKenzie in the story, who would you want to be and why?

### **References**

- [Seager, Kyongha. \*Kimchi 2023\*](#)

### **Standards**

This lesson aligns with the following **Wisconsin State Standards** for SEL:

- **Emotional Development:** Understanding empathy and how emotions influence behavior.
- **Social Development:** Encouraging social engagement, showing respect, and standing up for others in safe, positive ways.
- **Cross-Cultural Awareness:** Building understanding and respect for diverse cultures within the classroom.